

VELO CITY CYCLES PRESENTS

# Cranks Griwing

**A Bike Ride &  
Food Drive**

**SATURDAY,  
NOVEMBER 11  
9:00 AM @**

**VELO CITY CYCLES - OR - LOOSE SPOKES**  
326 SOUTH RIVER AVE.      1434 COLFAX AVE,  
HOLLAND, MI                      GRAND HAVEN, MI  
49423                                      49417

**GRAB YOUR BIKES, HELMETS,  
BACKPACKS, BIKE CARTS &  
LET'S COLLECT FOOD TO MAKE IT A  
#HUNGERFREETHANKSGIVING  
FOR OUR COMMUNITY!**

## GROCERY LIST

- CANNED CORN
- CANNED GREEN BEANS
- BOXED STUFFING
- SPICES
- BOXED CONRBREAD MIX
- FLOUR
- SUGAR
- CANNED PUMPKIN
- BROTH
- \$\$ FOR TURKEY
- FRESH PRODUCE
- MAC & CHEESE
- BOXED RICE
- PASTA & SAUCE

